

ALRESFORD PARISH COUNCIL

CLERKS CORNER

Family Support Brightlingsea : This is a local voluntary group that organizes a “one to one” visiting network, social day care and a regular programme of social activities for older, frail or housebound residents of Brightlingsea and nearby villages.

Did you know?

25% of Tendring residents are over 70?

That Tendring has the highest proportion of people living on their own in the entire country?

That Tendring is the most deprived district in Essex?

This means that a large number of older people with restricted mobility are living on their own. Many of them have to cease to participate in community activities and become socially isolated. Some of them move into residential care “just for the company”. They are real victims of social exclusion and Brightlingsea Family Support tries to stop this by running a regular programme of social day care activities including :

Lunch Clubs - in Alresford this is alternate Tuesdays in the Village Hall and new members are always welcome. Clients who need transport get a door to door service on buses which can also accommodate wheelchairs.

Disabled Swimming – weekly during school term

Theatre – Mercury visits for Saturday Matinees with a meal afterwards in Brightlingsea

Shopping Trips – monthly

Diners Club – monthly

Small Teas – monthly – for clients uncomfortable in a large group

One to One Visiting Network for clients who just want a regular visitor – a cup of tea and a stroll down Memory Lane

Transport – getting to doctor or chiropodist, visiting partner or friends in hospital, going to vote, etc

Help – with filling forms for benefits

For all these activities – there are plenty of clients but not enough volunteers. If you can HELP call 303702 (anytime) or call in at the office at 1 Duke Street, Brightlingsea.

If you want to join in or get help contact the above for a referral by the local organiser.

MAKE YOUR COMMUNITY MORE SECURE!

**B Y BEING A GOOD NEIGHBOUR AND
KEEPING AN EYE OUT FOR ANYTHING
SUSPICIOUS YOU CAN HELP MAKE YOUR
COMMUNITY MORE SECURE.**

These are some of the things you should report :

Strangers knocking on front door or peering through windows and then disappearing round the back, or loitering suspiciously

Strangers hanging around schools, playing fields etc, and approaching children

Open windows in houses where owners are out or on holiday

Strangers trying car doors

Anything you believe is suspicious

DETAILS ARE IMPORTANT – whenever you pass on information remember that accurate descriptions of suspicious people and vehicles will save time and avoid confusion .

This is the information the Police may need :

An exact description of what you have seen

The time

The place

The person(s) involved – approximate age, height, colour and sex, build, unusual characteristics, clothing and any other distinguishing features

The vehicles involved – registration number (or a part of it) make, model (if known), colour, condition and direction of travel.

STEER CLEAR OF CYCLE THEFT

When buying a bike – budget for security

Take out insurance or extend your home insurance

Record and register your bike – contact local police team for advice

Take a clear, coloured photo of your bike and make a written record of its description, including any unique features so that you can report it accurately if it is stolen

Security mark the bike – speak to PCSO (Louise) about this

Keep your bike in a secure garage or shed and keep the door locked

Keep it out of public view

Secure it to an immovable object

Avoid leaving your bike in isolated or dimly lit places

Park your bike safely and considerately using cycle parking stands where these are available.

If yours is a very expensive bike, don't always leave it (even locked) in the same place on a regular basis – it may be stolen to order.

Always lock your bike and secure any removable parts. Locks can be picked so always try to face the lock towards the ground to make this more difficult.

MINI MOTOS

If you own or ride a mini moto or other off-road motorized scooter or bike, there are legal requirements you have to meet.

There are also restrictions on where these can be ridden.

Mino motos include :

Petrol driven motorbikes, go-peds, electric and petrol driven scooters, some off road motorbikes.

Landowners have a responsibility to ensure their land is secure. If they give permission for mini-motos to be ridden on their land or fail to take appropriate measures to stop them and there is an accident, they may be held liable.

To report mini-motos being ridden illegally :
Contact you local Community Policing Team (07801
316876 or 0300 333 4444 or the Tending Anti-Social
Behaviour Hotline – 0845 605 2222)

If you can identify the rider, tell the Officer.

The Officer will serve a Section 59 notice on the owner
of the bike – without the owner knowing your identity.

If you see the rider using the bike illegally again, repeat
the above steps – this time the Officer will visit the
owner and seize the bike.

**THIS IS ALL DONE WITHOUT THE OWNER
KNOWING YOUR IDENTITY –
YOU WILL NOT HAVE TO GO TO COURT.**

Parents – make sure your young know that if they ride a
bike illegally they are committing an offence which
could lead to :

The bike being seized and costing at least £105 to get
back

Their driving licence will be taken from them and
points added (**and if they are too young to have a
licence, the points will be added later when they
apply for one**)

The tenancy of the property they (and maybe you) live
in will be put at risk

They will receive an £80 fine for disorder and will face a claim in the civil courts if someone is injured or damage is caused to property

They could go to prison if they, or someone riding their bike, kills or seriously injures someone.

FLU PANDEMIC

If you think you have symptoms of swine flu :

1st visit the NHS Choices website (www.nhs.uk) for information and answers to frequently asked questions about swine flu. There is also an online flu-symptom checker on both www.nhs.uk and the NHS Direct website (www.nhsdirect.nhs.uk)

2nd – ring the National Swine Flu Information Line (0800 1 513 513). This provides pre-recorded information about swine flu.

3rd – call the NHS Direct telephone service line (0845 4647). Callers with flu-like symptoms who have internet access will be asked to try the on-line flu symptoms checker first. If necessary, you will be able to request a call back from an advisor. Otherwise callers may be asked to hold to speak to someone who can help.

4th – contact your GP by telephone

- **PSCO** : The cost of the PCSO is to rise above the amount budgeted for and therefore the continuation of the provision of the PCSO is to be discussed further at the October meeting. If you have strong views on the matter of keeping the PCSO or otherwise – please let the Clerk or any councillor know – preferably in writing.

The next meeting of Alresford Parish Council will be held

on Wednesday 2 September 2009 at 7.30pm in the Parish Council Pavilion

Full Minutes and Agendas can also be viewed on the web site.

For further information about these, or any other matters, please contact the Clerk (Jennie Pettitt) on

825714.

(If I don't answer, please leave a message and a **landline** number and I will get back to you!)

